

Training Go To Mat

Go To Mat is a good behavior for helping a dog stay calm. It enables you to have a calm, settled dog while you talk to visitors, cook in the kitchen or do home maintenance. Take the dog's mat to the vets and your dog will feel more at home as you wait for your turn. It transfers quite easily into teaching your dog to get onto the vet's scales. It also transfers to crate training.



1. Put a yummy treat on the dog's nose and lure dog onto the mat.



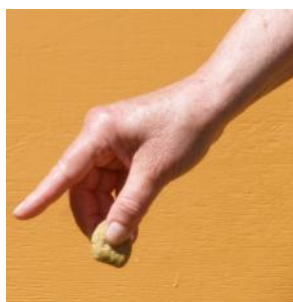
2. Click or say "Yes" when the dog's paws are on the mat.



3. When your dog is confident with four paws on the mat. Ask for a sit then click or say "Yes".



4. Finally ask for a drop, click or say "Yes" then reward.



Hold the food in your lure hand between your thumb and middle finger with your index finger pointing to the mat.

